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**Sutton Road Primary
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Dear Parents/Carers,

As you know PE is a very important part of your child's education and for the new academic year we have developed a new timetable to ensure all children have clear regular PE Sessions indoors and outdoors (weather permitting).

We have endeavoured to ensure that all government guidance is adhered to so that your child can safely partake in physical activity. We have been advised that where possible, children should not get changed on the school site for PE. As a result, **your child will need to wear their PE kit to school on the days when they have PE.** Your child will go home in their PE kit and they do not need to bring any other clothing into school. Should the weather be wet and cold, your child will still access their PE lessons on their set days and teachers will adapt or use alternative lessons so that your child can complete a PE lesson safely within the classroom environment. **We will text you to inform you of when your child's PE lessons are taking place.**

Due to health and safety reasons wearing the appropriate clothing in school is VERY important. Please can you ensure that your child is wearing a **white t-shirt and black shorts for indoor PE** (if they have indoor PE but the weather is wet and cold when they are walking to school, they can wear jogging bottoms/track suit bottoms) and **a white t-shirt and black or dark jumper and jogging bottoms / track suit for outdoor PE.** These can be purchased very cheaply from places like Sports Direct, Tesco, Asda or Matalan. Trainers or plimsolls are required.

We also have a no jewellery policy for health and safety reasons and children will be required to remove their own ear rings. All our local secondary schools have strict guidelines on uniform and PE kit and if the boundaries are set in Primary School then the children will see a consistent approach throughout their education.

We have also added new health and safety procedures for all staff and children before, during and after they complete their PE lesson to ensure that everyone is as safe as possible. We are now going to be encouraging all children and staff to wash their hands before and after each PE lesson. Additionally, no child will be sharing the PE equipment and all equipment used will be wiped down after each session. We have also adapted every PE lesson for the first term back to



ensure social distancing can be adhered to as much as possible in order to lower the spread of germs and we will continue to do this in guidance with government recommendations. We hope that the adaptations we have made will bring some peace of mind to our parents in knowing that we are doing everything possible to keep your children safe in all lessons across the school.

Health and fitness in young children is a priority for young people, their parents and their teachers across the country and is also a high priority for the Government. Please ensure your child always wears their PE kit on their appropriate days, as weekly physical activity and the learning of sports skills is essential for their mind and body.

Thank you for your continued support on this matter.

Eleanor Byrne and Eliza Blakeley
(PE Co-ordinators)

