



**SUTTON ROAD PRIMARY  
SCHOOL AND NURSERY**

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## Newsletter

Week commencing 25th March 2019



### Year 4 Science Week - Cube Bubbles!

As part of British Science week, Year 2 carried out an experiment to make cube bubbles - it was very exciting and we loved sharing it with some of our parents who came in to help out.



### School Dinners

A hot school dinner is available to all children within our school and cooked on site. For every new menu, we use the very best quality products to make exciting meals. All pupils in Reception, Year 1 and Year 2 are entitled to free, hot school meals (regardless of income), as part of a new nationwide scheme known as 'Universal Infant Free School Meals'. Check out the school meals menu here:

<https://goo.gl/tePTd2>



### Author Trip

On Friday 15th March, all of Year 5 went to see the wonderful Adam Frost, author of The Epic Book of Epicness, which won the Blue Peter Book Award, among many others. A lot of Adam's books involve amazing animal facts - like did you know that bats aren't actually blind, and some species have better eyesight than humans?

He invited children and teachers to take part in an animal quiz on the stage. Mr Rathe volunteered for Sutton Road. Unfortunately, (or fortunately!) the kids from the three schools battered the teachers 18-6 (Mr Rathe thinks it was a fix!)

Then, some children took the opportunity to buy one of Adam's books and get it signed. Overall, the children had lots of fun and many said afterwards how enjoyable it was.



## Year 6 Science Experiment

In science we have been looking at the human body and exploring the role of the heart and lungs. We carried out an experiment to test the statement:

As you exercise your breathing increases but your heart rate stays the same.

The children worked with parents to plan out the experiment and then carried this out.



## Year 6 Plea

If you have any old pieces of fabric you no longer need, could they please donate them to year 6.

Thank you

## Mr Dugdale's Sports Fact of the Week

Taking part in sport improves sleep. We know just how important sleep is, and exercising can help you capitalise on these benefits.



## NSPCC Assembly

NSPCC visited our school last week and delivered their **Speak out. Stay safe** assembly to share information about how children can keep themselves safe from harm and get help if they have any worries.

The NSPCC's work in schools helps encourage conversations about staying safe - and they have a number of child-friendly materials to help you carry on the conversation afterwards. Further details can be found at please visit their website [nspcc.org.uk/parents](https://nspcc.org.uk/parents)


















## Congratulations Sutton Road Primary School!

Sutton Road Primary has been awarded the Youth Sport Trust SILVER Quality Mark for its commitment to physical education (PE) and school sport at its school. The Youth Sport Trust is a national charity that builds a brighter future for young people through the power of sport. Schools are awarded Bronze, Silver and Gold status, which reflects its efforts in using PE and school sport to raise achievement across the school.

Alison Oliver, Chief Executive at the Youth Sport Trust, said:

"Congratulations to Sutton Road for achieving the Youth Sport Trust SILVER Quality Mark. Schools that achieve the Quality Mark, share our belief in the value of high quality PE and sport and the positive impact it has on young people's journey through education. PE and school sport helps young people to live healthy and active lives and through it, helps them achieve their personal best in school and life. We are delighted to be working with thousands of schools across the country that recognise the competitive advantage this gives to their pupils."



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Cheesy bean pie</p> <p>Milk</p>	 <p>Pork meatballs in tomato sauce &amp; pasta</p> <p>Gluten Sulphur Dioxide</p>	 <p>Mediterranean chicken pasta &amp; crusty bread</p> <p>Milk Gluten Sesame</p>	 <p>Roast Turkey, stuffing, Yorkshire pudding &amp; mashed potato</p> <p>Milk Egg Gluten</p>	 <p>MSC Breaded fish &amp; chips</p> <p>Fish Gluten</p>
OR	OR	OR	OR	OR
 <p>Quorn dippers &amp; baby jacket potatoes</p> <p>Milk Egg Gluten</p>	 <p>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</p> <p>Milk Egg Fish</p>	 <p>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</p> <p>Milk Egg Fish</p>	 <p>Quorn roast, stuffing, gravy, mashed potato &amp; Yorkshire pudding</p> <p>Milk Egg Gluten</p>	 <p>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</p> <p>Milk Egg Fish</p>
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
 <p>St Clement sponge &amp; custard</p> <p>Milk Egg Gluten</p>	 <p>Cheese, crackers &amp; apple wedge</p> <p>Milk Gluten</p>	 <p>Butterscotch tart</p> <p>Milk Gluten</p>	 <p>Strawberry shortbread</p> <p>Milk Gluten</p>	 <p>Fruit flapjack &amp; milkshake</p> <p>Milk Gluten</p>

**Easter Disco**  
**Wednesday 3<sup>rd</sup> April**  
**Foundation and Y1 Disco**  
**3.30pm-4.30pm**  
**Family Disco**  
**4.45pm-5.45pm**



**Mr Wakeland's Computing/  
App Tip of the Week**

Sumaze Primary is a fun educational puzzle game that is aimed at mathematicians aged 4 to 7. Let your young learners explore and develop independently with easy to navigate engaging math's challenges. Available free on the App Store and on Google Play.



## Important dates for your diary

Monday 25th March 2019	-	KS1 Easter Craft Session
Tuesday 26th March 2019	-	2MB/2NG Library Visits
Tuesday 26th March 2019	-	KS2 Easter Craft Session
Wednesday 3rd April 2019	-	Easter Disco
Thursday 4th April 2019	-	Year 4 Twycross Zoo Trip
Friday 5th April 2019	-	Silly Sock Day for Autism
Monday 8th April 2019	-	First Day of Easter Holidays
Tuesday 23rd April 2019	-	First Day Back at school
Monday 22nd April 2019	-	Bank Holiday - School closed
Tuesday 30th April 2019	-	1AS/1EB Library Visits
Thursday 2nd May 2019	-	School Closed - Polling Day
Thursday 3rd May 2019	-	Quiddich
Monday 6th May 2019	-	Bank Holiday—School closed
Tuesday 7th May 2019	-	2JW/1CA Library Visits
Tuesday 14th May 2019	-	2NG/2MB Library Visits
Monday 27th May 2019	-	First Day of May Half Term Holidays
Monday 3rd June 2019	-	First Day back at school
Monday 17th June to Thursday 20th June 2019	-	Bamburgh Residential
Saturday 29th June 2019	-	Summer Fayre
Thursday 25th July 2019	-	First Day of Summer break
Friday 30th August 2019	-	INSET Day - School closed
Monday 2nd September 2019	-	First Day back at school
Monday 21st October 2019	-	First Day of October Half Term Holidays
Monday 4th November 2019	-	First Day back at school



### Active Body Active Mind

We were lucky enough to have some brilliant students from Vision West Notts College in on the 18/03/19 to share with our Y2-Y5 children an Active Body Active Mind performance. The children really

took on board the message of keeping your body active and the positive impact that this can have on your mind too.

Check out our website for more photos from the performance and a year 2 class ,who have been keeping active in the classroom and some writing with ideas about how children can promote ABAM!

Children who saw the performance have been inspired to write about how they have an active body active mind and put forward suggestions for new ABAM activities too. All Y2-Y5 classes have brought home details of how they can put forward more suggestions too. We will post more as we receive them. Top prizes for great suggestions are available too.

