



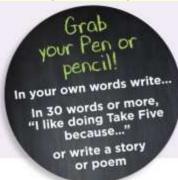
Holiday Activities Ideas

Try out these different activities. You can do as many or as few as you like! Remember to take photos and send them in via your class emails or our Facebook page.

Task Five competition

Get creative, and tell us how Take Five helps you to grow your own strength, and ability to cope and thrive.

Maybe you would like to share how it has helped you, for example: get on with people, manage worries, sleep well, or focus on your schoolwork... Or perhaps, you might want to share how you have helped other people in your home with Take Five?





If you send your poem/picture/story/entry into school then we will send it in to Take Five who have kindly volunteered to provide a take five highlighter for every child who takes part!

'Hold still' photograph competition

Kate Middleton is working with National Portrait Gallery to lead a competition called 'Hold still.'

To enter you can submit a photograph that either shows:

Helpers and Heroes Your new normal or Acts of Kindness.

All the details and how to enter are included on their website: https://www.npg.org.uk/hold-



<u>Guinness world record</u> attempt

Guinness World Records has created a new title - Highest score achieved on 'Times Tables Rock Stars' in one minute - and we are looking for players to aim for this special accolade. All you have to do is submit a video of yourself playing a Studio game with the highest score in the world by 23:59 on 4th June 2020.

For more details and information on how to enter, please use the following link and watch the video.

https://ttrockstars.com/page/gwr

Wouldn't it be great to have a Holgate or Sutton Road Primary pupil in the Guinness World

Records!



Create a bird feeder Build a well-being box

There are lots of ways you can make different bird feeders. We quite liked this one as it also means you are recycling your old milk bottles!

https://www.todaysparent.com/fa mily/crafts/craft-bird-feeder/ Create a well-being box full of positive message and things that cheer you up. You could do one each or one as a family including happy memories and little stories that make you laugh.

https://www.scouts.org.uk/activiti es/build-a-wellbeing-box/

Power of kindness Calendar

Create a calendar for each day during the half term with a small act of kindness you could do to help out someone else at home or elsewhere (e.g. facetime a relative

socially isolating, make your bed in the morning, help look after a younger brother or sister)

