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 School and Nursery

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Dear Parents/Carers,

Sex and relationships education (SRE) is very important for young people. It aims to help them to understand their bodies, their emotions and it can prepare them for the next important stage in their life.

We at Sutton Road Primary School want our children to learn about this subject in a **thoughtful, caring and responsible way**. In line with our PSHE/RSE school policy, we have put together a sequence of sessions for year 3, 4, 5 and 6 to be delivered next half term. We have taken great care to ensure that it is tasteful and appropriate for your child's age and understanding.

Please see below a break-down of the Learning Objectives that will be covered during this unit:

SESSION	LEARNING OBJECTIVE	LESSON BREAK-DOWN
1	What happens when boys and girls grow up?	Children will learn about the physical and emotional changes during puberty. They will watch an online video to help support their understanding: There will also be discussions around personal hygiene. https://www.youtube.com/watch?v=gV21b3ZpSLg (GIRLS) https://www.youtube.com/watch?v=GK2Dd9sG2Zc (BOYS)
2	Where do babies come from?	https://www.youtube.com/watch?v=vudZePDq8Bw Children will learn about where babies come from via the video link above. This will also be taught to boys and girls separately.
3	To know the difference between 'safe' and 'unsafe' touch.	Children will learn about what we mean by consent. https://www.youtube.com/watch?v=zNTUMNKSnwK

If you have any concerns that you wish to discuss further, please call the school office and ask to speak to either Mrs Conway, Mrs Skeavington or Mr Lewis – we understand this is a sensitive topic.



Yours sincerely,
The Year 5 Team



Nottinghamshire
County Council

