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**Sutton Road Primary  
School and Nursery**

Mansfield  
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NG18 5SF

Dear Parents /Carers

As part of our new curriculum vehicle 'Keeping Ourselves Healthy!' the children in Foundation are learning about the importance of keeping our body healthy by looking after our teeth, being active and eating healthy foods.

As a finale to this vehicle we would like to invite parents in to school to take part in **"Hop, Skip and Smoothie sip"** - a fun fitness session followed by a refreshing drink on Thursday 3<sup>rd</sup> April at 3:30pm.

The fitness session will be a circuit of activities that your child will lead you through so please ensure you are wearing suitable footwear and clothing. We will then finish the session with a tasty fruit smoothie made by the children.

Please sign up through the Parentmail form found in the forms section of Parentmail, we can't wait to see you 😊

If you have any questions, please speak to your class teacher

Many Thanks,

The Foundation Team

