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SCHOOL SWIMMING LESSONS Rebecca Adlington Swimming Centre

**Sutton Road Primary
School and Nursery**

Mansfield

Nottinghamshire

NG18 5SF

Dear Parents/Carers,

Our school is working very closely with Rebecca Adlington Swimming Centre and the Nottinghamshire County Swimming Service to ensure that your child is as safe as possible throughout their swimming lessons.

Your child's class will be swimming this term and their lessons will begin **Wednesday 17th April**. They will be swimming every week until **Wednesday 18th July**. We have taken the measures of reducing the number of classes going swimming to one therefore social distancing rules can be more effectively followed at the swimming centre. Please note swimming is a compulsory part of the curriculum entitlement during your child's primary education. Therefore, it is essential they participate and there will be very few exceptional reasons accepted for them not participating.

Where possible, if your child can come to school with their swimming kit underneath their school uniform. Swimming kit must consist of a **one piece bathing costume** for girls and **close fitting swimming trunks, not loose shorts** for boys in order to comply with Nottinghamshire County Council Policy. Children with long hair will also need a cap or tied back, preferably into a bun. **No jewellery** is to be worn. We are unable to help your child remove their earrings for health and safety reasons. Should your child come to school in jewellery, they will be asked to remove it and it is your child's responsibility to keep it safe. Your child will need to bring a bag with a towel for them to dry themselves after the lesson.

If you wish your child to wear goggles for school swimming sessions during the year, you must request a permission slip from the school office. This must be filled in and returned to your child's teacher – otherwise the wearing of goggles will **not** be allowed.

If your child has asthma, they will need to give their inhaler preferably in the original packaging (labelled with their name) to the class teacher, to ensure it is available if it is required during the swimming session.

The coach leaves school at 10am and returns approximately 11am.

It is essential for an observer to be present at each poolside before the lesson can commence and we would be grateful of volunteers for this each week. Please let your child's teacher know if you are willing and bring suitable footwear as this is required for the poolside. Also if you wish to come along and help with our swimming trips each week you will need to have a 'Vetting and Barring' check done via the school office as soon as possible to comply with safeguarding. See the office staff for more details in the office.

Please note that parents/carers who do not have an up to date CRB check that the school office have seen, will not be able to go into the changing rooms unaccompanied by a member of school staff.

Thank you all for your support with this and look forward to seeing some of you coming along to help us out on Wednesdays.

Yours sincerely

C. Marshall and E Blakeley

P.E. Coordinators

