



Dear parents and carers,

Our school is using the Talking Points schemes of work to deliver the framework based on the PSHRE National Primary Strategy. It uses picture books and videos as a starting point to get children talking about their own health and mental wellbeing as well as addressing other issues such as resolving conflict. Its aim is to develop children's understanding of themselves, their emotions and those around them. It teaches children the importance of being a good listener, a good friend and how to be brave. It also teaches children how to stay safe in many situations and who to speak to if they are ever worried or concerned.

Each two-week Talking Point unit has a question attached and they are listed below with the book that the children will read as a starting point in every year groups as below:

EYFS			
	Talking Point Question	Book	Author
1	What is special about me	I'm me!	Burdine Thornton
2	When do I feel happy?	When I am feeling happy	Tracy Moroney
3	When do I feel sad?	When I am feeling sad	Tracy Moroney
4	How do I share?	Mine	Sue Heap
5	When do I miss my family?	I miss you everyday	Simms Taback
6	Who do I love?	I love you through and through	Bernadette Rossetti Shustak
7	Is it fair or unfair?	It's not fair	Mary Harper
8	How do I play with other children?	Join in and play	Cheri J. Meiners
9	When should I say sorry?	Saying I'm sorry – Little Mandy Matters	https://www.youtube.com/watch?v=P44jqEgpdQ
10	Who do I ask for help when I am stuck	Giraffe asks for help	Nyasha M Chikowore
11	What does angry feel like?	BBC Feeling Better: Angry	https://www.bbc.co.uk/teach/class-clipsvideo/pshe-eyfs-ks1-feeling-angry/zmg97nb
12	What is proud?	I'm so proud of you	Dianne Latchaw
13	What makes me excited?	When I am feeling excited	https://www.youtube.com/watch?v=q2-TYH2dJR8
14	How can I be a good listener?	Monkey needs to listen Sue	Graves & Trevor Dunton
15	How can I be a good friend?	Topsy and Tim help a friend	https://www.youtube.com/watch?v=hhH9NCtaZt8
16	How can I be brave?	BBC Feeling Better: Brave	https://www.bbc.co.uk/teach/class-clipsvideo/pshe-eyfs-ks1-feeling-brave/z7vrwty
17	What am I good at?	Everyone can learn to ride a bicycle	https://www.youtube.com/watch?v=tHCZiqRGrxk
18	How can I help someone when they are feeling sad?	Cheer up	Michael Gordon

Year 1			
	Talking Point Question	Book	Author
1	Who is in my family?	Love is a family	Roma Downey
2	Who are my important people?	Under the love umbrella	Davina Bell
3	What makes a person?	Whoever you are	Mem Fox
4	What makes me happy?	Augustus and his smile	Catherine Raynor
5	What does sad feel like?	My yellow balloon	Tiffany Papageorge
6	Why do we have rules?	Bella's rules	Elissa Haden Guest
7	Is it kind or unkind?	Thank you Omu	Oge Mora
8	Is teasing ever okay?	Tease Monster	Julia Cook
9	What should I do if I don't like it?	No means no	Jayneen Sanders
10	What does worry feel like?	The huge bag of worries	Virginia Ironside
11	How do I keep safe?	No dragons for tea	Jean E Pendzewol
12	What should I do in an emergency?	George's dragon at the firestation	Claire Freedman and Russell Julian
13	When should I wash my hands?	I don't want to wash my hands	Tony Ross
14	Why are teeth important?	The tooth book	Dr Seuss
15	What should I do with money?	A chair for my mother	Vera B Williams
16	What did I need as a baby?	The baby's catalogue	Janet and Allen Ahlberg
17	How can I be more grown up?	Peter's chair	Ezra Jack Keats
18	Do I have to be the best?	Giraffes can't dance	Giles Andreau

Year 2			
	Talking Point Question	Book	Author
1	Why should I exercise?	Get up and go	Nancy Carlson
2	What if I don't like vegetables?	I will not never ever eat a tomato	Lauren Child
3	Are medicines always good?	Dr Molly's medicine Case	Miriam Moss
4	Can I stop myself getting ill?	Do not lick this book	Ioan Ben-Barak
5	What does angry feel like?	In my heart	Jo Witek
6	How do I make you feel?	The selfish crocodile	Faustin Charles
7	Is it right or wrong?	When a dragon comes to stay	Caryl Hart
8	How can I compromise?	The steves	Morag Hood
9	What are rights and responsibilities?	We are all born free	Amnesty International
10	How do I contribute?	Farmer Duck	Martin Waddell
11	How can I save our planet?	Here we are	Oliver Jeffers
12	Where could my money come from?	My rows and piles of coins	Tololwa M. Mollel
13	Do I know my body?	Me and my amazing body	Joan Sweeney
14	What does private really mean?	My body, what I say goes	Jayneen Sanders
15	Who can I trust?	Never talk to strangers	Irma Joyce
16	Should I keep a secret?	Ruby's worry	Tom Percival
17	Am I safe online?	Webster's email	Hannah Whalley
18	What should I aim for?	The dinosaur department store	should I aim for? The dinosaur department store Lily Murray

Year 3			
	Talking Point Question	Book	Author
1	What can affect my health?	Gregory the terrible eater	Mitchell Sharmat
2	What's a balanced lifestyle?	Crab and Whale	Mark Pallis
3	What is Health and Safety?	Look out at home	Claire Llewellyn
4	How does smoking damage my health?	Smoking stinks Kim Gosselin	Kim Gosselin
5	Who can help me be safe?	Come and tell me	Helen Hollick
6	What is restorative justice?	Two monsters	David Mckee
7	What are my rights and responsibilities?	The day the crayons quit	Oliver Jeffers
8	What happens if I break a rule?	I did it, I'm sorry	Carolyn Buehner
9	Why should I tell the truth?	The boy who cried bigfoot	Scott Magoon
10	What does honesty really mean?	A bike like Sergio's	Maribeth Boelts
11	What do I do when my friend is sad?	The hug	Eoin McLaughlin
12	Who do my actions affect?	Fergal is fuming	Robert Starling
13	What are my relationship rights and responsibilities?	The Go Away bird	Julia Donaldson
14	How do I raise my concerns?	The Lion inside	Rachel Bright
15	What's a community?	In the swamp by the light of the moon	Frann Presten-Gannen
16	How can we be different?	Horace and Morris but mostly Deloris	James Howe
17	Who else lives in my region?	Through my window	Tony Bradman
18	Who else lives in the UK?	My two grannies	Floella Benjamin

Year 4			
	Talking Point Question	Book	Author
1	What's that feeling I have?	The bear, the piano, the dog and the fiddle	David Litchfield
2	What do I do when my friend is cross?	I hate everything	Sue Graves
3	How do I compromise?	The squirrels who squabbled	Rachel Bright
4	How do I do emergency first aid?	Charlie is broken	Lauren Child
5	Am I at risk?	Mini Rabbit not lost	John Bond
6	How do I stay safe online?	Chicken clicking	Jeanne Willis
7	Am I safe on my mobile phone?	Elle gets a mobile phone	Nina Du Thaler
8	What can I do about negative thoughts?	Your mind is like the sky	Bronwen Ballard
9	Should I own up?	David gets in trouble David	David Shannon
10	Is it ok to hug?	Miles is the boss of his body	Samantha KurtzmanCounter and Abbie Schiller
11	What's an aspiration?	Stardust is discrimination? Along came a different Tom McLaughlin	Jeanne Willis
12	What is enterprise?	Ruby's wish	Sharin Yim Bridges
13	What worries me in the world?	The king who banned the dark	Jeanne Emily Howarth-Booth
14	What is discrimination?	Along came a different	Tom McLaughlin

15	What does it mean to be anti-social?	The bad seed	Jory John
16	How do I support my community?	What can a citizen do?	Dave Eggers
17	What's a volunteer?	A Castle on Viola Street	Dyanne Disalvo
18	Can I volunteer or help others?	The red bicycle	Jude Isabella

Year 5			
	Talking Point Question	Book	Author
1	Can I set goals for me?	Harold and the purple crayon	Crockett Johnson
2	How does alcohol damage my health?	Daddy doesn't have to be a giant anymore	Jane Thomas
3	Can my mind get ill?	Silly Billy	Anthony Browne
4	How do I make a choice?	The storm whale	Benji Davies
5	Should my heart rule my head?	Oliver and Patch	Claire Freedman
6	Why is change so scary? Ludwig	The Koala who could	Rachel Bright
7	What is peer pressure? Ludwig	The story of Ferdinand	Munro Leaf
8	What if I'm uncomfortable?	Let the children march	Monica Clark Robinson
9	What is loss?	Grandad's island	Benji Davies
10	Is my relationship unhealthy?	Just kidding	Trudy Ludwig
11	What's a relationship commitment?	King and King	Linda de Haan and Stern Nijland
12	What is a stereotype?	I'm a girl	Yasmeen Ismail
13	What is prejudice?	The sneetches	Dr Seuss
14	How do I challenge someone's views?	How to be a lion	Ed Vere
15	What is a debt?	Tight times	Barbara Shook Hazen
16	Who pays tax and what does it do?	Taxes Taxes	Nancy Loewen
17	Who chooses who runs our country?	Granddaddy's turn	Michael S Bandy
18	Can I save money and the environment?	Joseph had a little overcoat	Simms Taback

Year 6			
	Talking Point Question	Book	Author
1	How should I manage my money?	A new coat for Anna	Harriet Ziefert
2	How do drugs damage my health?	My big sister takes drugs	Judith Vigna
3	What affects my mental health?	After the fall	Dan Santat
4	Will sad things happen to me?	The Sea-Saw	Tom Percival
5	How do I break a habit?	But it's just a game	Julia Cook
6	Should I give in to peer pressure?	Little cloud	Anne Booth
7	Should I send/post something I'm not comfortable with?	#Goldilocks – A hashtag cautionary tale	Jeanne Willis
8	What if I get dared?	I dare you	Reece Wykes
9	If it happens all the time, does it mean it's right?	Malala's magic pencil	Malala Yousafzai
10	What is puberty?	Tad	Benji Davies

11	How do humans reproduce?	And Tango makes three	Justin Richardson and Peter Parnell
12	How do we look after ourselves?	Sleep book	Dr Zeuss
13	Are images in the media real?	Sam tells stories	Thierry Robberecht
14	Should I trust the media?	But I read it on the internet	Toni Buzzeo
15	Should I join in an argument?	Why?	Nikolai Popov
16	Am I a cyber bully	Troll stinks	Jeanne Willis
17	Have I trolled someone?	Bully	Patricia Polacco
18	What sort of person shall I be?	Julian is a mermaid	Jessica Love