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Sutton Road Primary  
School and Nursery

Mansfield  
Nottinghamshire  
NG18 5SF

Dear Parents/Carers,

Sex and relationships education (SRE) is very important for young people. It aims to help them to understand their bodies, their emotions, and it can prepare them for the next important stage in their life.

We at Sutton Road Primary School want our children to learn about this subject in a **thoughtful, caring and responsible way**. In line with our PSHRE/SRE school policy, we have put together a sequence of sessions for year 4, 5 and 6 to be delivered this half term. We have taken great care to ensure that it is tasteful and appropriate for your child's age and understanding. In year 4, the sessions will be delivered to boys and girls separately.

Research shows that children who have good SRE are better prepared to cope with the pressures they will face in the outside world.

Please see below a break-down of the Learning Objectives that will be covered during this unit:

SESSION	LEARNING OBJECTIVE	LESSON BREAK-DOWN
1	What are the physical differences between males and females?	Children will learn about the physical differences between the male and female body.
2	What happens when boys and girls grow up?	Children will learn about the physical and emotional changes that they may experience during puberty. They will watch an online video to help support their understanding: <a href="https://www.youtube.com/watch?v=5oHwS3MivGs">https://www.youtube.com/watch?v=5oHwS3MivGs</a>
3	What does it mean to have good hygiene?	Children will learn about and explore products that help us keep clean and healthy and make us smell nice.

If you have any concerns that you wish to discuss further, please call the school office and ask to speak to either Mrs Oakes, Mrs Helliwell or Mr Marshall – we understand this is a sensitive topic and we are more than happy to share with you what the children will look at during the sessions so that you have a full understanding of the materials and content.

Yours sincerely,  
The Year 4 Team



Nottinghamshire  
County Council



SCHOOL  
MEMBER

