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Sutton Road Primary
School and Nursery

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Dear Parents/Carers,

Sex and relationships education (SRE) is very important for young people. It aims to help them to understand their bodies, their emotions, and it can prepare them for the next important stage in their life.

We at Sutton Road Primary School want our children to learn about this subject in a **thoughtful, caring and responsible way**. In line with our PSHRE/SRE school policy, we have put together a sequence of sessions for year 4, 5 and 6 to be delivered this half term. We have taken great care to ensure that it is tasteful and appropriate for your child's age and understanding. In year 5, the sessions will be delivered to boys and girls separately.

Research shows that children who have good SRE are better prepared to cope with the pressures they will face in the outside world.

Please see below a break-down of the Learning Objectives that will be covered during this unit:

SESSION	LEARNING OBJECTIVE	LESSON BREAK-DOWN
1	What happens to our bodies during puberty?	Children will learn about the physical and emotional changes during puberty. They will watch an online video to help support their understanding: https://www.youtube.com/watch?v=OR1XJZ0xR5o (GIRLS) https://www.youtube.com/watch?v=G57Sug7JpQE (BOYS)
2	Where do babies come from?	Children will learn about how babies are made through sexual intercourse and how this leads to pregnancy: https://www.youtube.com/watch?app=desktop&v=vudZePDq8Bw
3	What is the difference between 'safe' and 'unsafe' touch?	Children will learn about what is deemed to be 'safe' and 'unsafe' touch – understanding 'consent'. https://www.youtube.com/watch?app=desktop&v=zNTUMNKSnwK

If you have any concerns that you wish to discuss further, please call the school office and ask to speak to either Miss Cornell, Mrs Skeavington or Mrs Byrne – we understand this is a sensitive topic.

Yours sincerely,
The Year 5 Team



Nottinghamshire
County Council



SCHOOL
MEMBER

