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Sutton Road Primary School and Nursery

> Mansfield Nottinghamshire NG18 5SF

23.05.22

Dear Parents/Carers,

Here at Sutton Road Primary School, we will always hold the health, wellbeing and personal development of the children in our care as one of our highest priorities. Relationships, sex and health education is extremely important for our young people. It aims to help them to understand their bodies & their emotions and it can prepare them for the next important stage in their lives.

We at Sutton Road Primary School, want our children to learn about this subject in a <u>responsible, thoughtful</u> <u>and caring way</u>. Our health, sex and relationships education program is embedded in our PSHE planning (Personal, Social, Health and Economic Education) and is taught as a series of lessons for your child. We have taken great care to ensure that it is tasteful and appropriate for your child's age and understanding.

Research shows that children who have good relationships and sex education are better prepared to cope with the pressures they will face in the outside world.

The Year 6 pupils will take part in a series of lessons after half term and will commence from Monday 12<sup>th</sup> June. These sessions will discuss Relationships and dealing with loss, the human reproductive cycle, self image, stereotypes and the influence of the media. These sessions will take place in normal classes so will be mixed-gender groups. Please see the attached leaflet for more information on what will be covered.

If you would like to discuss the content of these sessions or have any concerns you would like to discuss then please call the school office to discuss with a member of the Year 6 team before the dates above or alternatively email the class email: <a href="mailto:6EB@suttonroad.org">6EB@suttonroad.org</a> or <a href="mailto:6HM@Suttonroad.org">6HM@Suttonroad.org</a> or <a href="mailto:6LN@suttonroad.org">6LN@suttonroad.org</a> We know that this is a sensitive issue and welcome your parental support.

Yours sincerely

Year 6 team

















