

Newsletter

Week commencing 25th June 2019

Big Me Week

Tony Marshall came to speak to Year 3 about his role as a nurse at Kingsmill Hospital.

He told us all about how he worked on the wards with people who had experienced strokes and heart attacks and how he was often responsible for helping these people recover and return to their normal lives. Tony allowed us to ask questions at the end and there were some really interesting questions.



Reinis wanted to know when Tony had first started nursing – which was when he was 21 years old, after completing all of his training.

Amber wanted to know if it was a scary job – which Tony replied: All jobs are scary when you're starting out but with experience, it gets much easier.



Lena said "I found him really interesting and I wanted to know more!"

Year 4 were lucky enough to have a visit from Katie from Bowmer and Kirkland who is a Building Estimator. She was extremely inspiring and enlightened the children to all the different jobs in construction.

"I thought she spoke to us and sounded really happy about her job so we listened and were really interested and that made us want to be like her" Demie S

"She was really inspiring and I know there are lots of different jobs not just a builder that girls can do if they good at Maths" Megan D

"I liked looking at the plan of the building so you can see what you need to get ready and buy. I would love to be able to do that!" Joshua K

Year 4, 5 and 6 were last week visited by the police to tell them how you join the police, what qualification and skills you need as well as what the job entails, including working shifts and the different equipment used. Lots of children were inspired, especially the girls. All the children asked lots of different questions and were especially interested in what kinds of jobs/situations they have to deal with.



Tom Morell came to speak to Year 3 about his role as a chef with Marstons. He explained all about food safety and hygiene and the importance of allergen information. He explained his role as a grill chef and some of the other roles within a kitchen. We asked some interesting questions about how old you needed to be to start working in a kitchen. We were surprised to hear that you could start when you were only 16 – but you do have to be supervised for safety. We also wanted to know whether it was a well-paid job. Tom explained that the different roles paid different wages but that hard-work was all you needed to progress in your role. Tom also brought some of his chef jackets for us to try on, which we thought were very hot to wear in a hot kitchen environment!

Tesco Tokens

Don't forget to keep putting your Tesco Tokens in our Box at your local Tesco Store.

Thank you!



Bamburgh Residential Day 1

The Bamburgh party arrived safely and had a fun-packed first day on their residential. They enjoyed a stop off in Beamish and ended the day off with fun and games on the village green.



Bamburgh Residential Day 2

A fantastic breakfast was enjoyed by all followed by a trip to Seahouses for the boat trip to the Farne Islands. The sun was definitely shining!



Bamburgh Residential Day 3

A little drizzle during crazy golf in the morning but all had fun. We even had a few children who got a 'hole in one!' A quick visit to the gift shop and Bushcraft activities this afternoon with the theme of "Survival in the wild."


















Big Me Week continued....

Nicki Biggs spoke to Year 3 about her role as a School Games Organiser.

Lots of us have seen Nicki when we have been to the competitions that she has organised for us. She told us about the 21 different sports she organises and we couldn't even name them all! Nicki spoke about the qualities of a sports leader: Honesty, Respect, Passion, Determination, Team Work and Self Belief. She talked about how these qualities could help us to achieve any of our goals - not just in sport. Eva asked an excellent question of, "Who had inspired you?" Nicki said she had been inspired by her PE teacher who believed in her and gave her the confidence to do what she does.



After Nicki had finished, we all agreed that we would either be interested in a job like Nicki or we would like to compete in more of her competitions during our time at Sutton Road.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Mediterranean Tagliatelle & garlic slice</p> <p>Soya Milk Gluten</p>	 <p>Nottinghamshire sausage, Yorkshire pudding, mashed potato & gravy</p> <p>Milk Egg Gluten Sulphur Dioxide</p>	 <p>Spaghetti Bolognese</p> <p>Fish Gluten</p>	 <p>Roast Gammon & pineapple with mashed & roast potatoes</p>	 <p>Fish goujons & diced potatoes</p> <p>Fish Gluten</p>
OR	OR	OR	OR	OR
 <p>Vegetarian roll, gravy & jacket wedges</p> <p>Soya Gluten</p>	 <p>Quorn sausage, Yorkshire pudding, mashed potato & gravy</p> <p>Milk Egg Gluten</p>	 <p>Jacket potatoes with cheese, beans or tuna & mixed salad</p> <p>Milk Egg Fish</p>	 <p>Roast Quorn with mashed & roast potatoes</p> <p>Milk Egg</p>	 <p>Jacket potatoes with cheese, beans or tuna & mixed salad</p> <p>Milk Egg Fish</p>
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
 <p>Butterscotch mousse</p> <p>Milk</p>	 <p>Strawberry cupcake</p> <p>Milk Egg Gluten</p>	 <p>Honey cake</p> <p>Milk Egg Gluten</p>	 <p>Raspberry ripple ice cream cake</p> <p>Soya Milk Egg Gluten</p>	 <p>Magic chocolate pudding & chocolate sauce</p> <p>Milk Egg Gluten</p>



Important dates for your diary

Monday 24th June to Wednesday 26th June	-	Walesby Residential
Thursday 27th June 2019	-	Year 6 Safety Zone Workshop
Friday 28th June 2019	-	Non Uniform Day to raise funds for the Summer Fayre
Saturday 29th June 2019	-	Summer Fayre
Tuesday 2nd July 2019	-	2MB River Maun Visit
2nd, 3rd and 4th July 2019	-	Brunts Transition Days
Wednesday 3rd July 2019	-	Whole School Transition Day
Friday 5th July 2019	-	2JW River Maun Visit
Monday 8th July	-	Year 6 NTU visit
Tuesday 9th July 2019	-	2NG River Maun Visit
Tuesday 9th July 2019	-	KS2 Sports Day
Wednesday 10th July 2019	-	KS1 Sports Day
Thursday 11th July 2019	-	KS1 End of year trip—Yorkshire Wildlife Park
Friday 12th July 2019	-	Foundation Stage Sports Day
Monday 15th July 2019	-	Foundation Stage 1 trip to Sherwood Pines
Tuesday 16th July 2019	-	Foundation Stage 2 trip to Sherwood Pines
Wednesday 17th July 2019	-	Year 4 Rufford Park Trip
Wednesday 17th July 2019	-	F2 Graduation Assembly
Thursday 18th July 2019	-	Attendance Trip
Friday 19th July 2019	-	Year 5 Sherwood Pines Trip
Monday 22nd July 2019	-	School Closed - INSET
Tuesday 23rd July 2019	-	School Closed - INSET
Wednesday 24th July 2019	-	School Closed - INSET
Thursday 25th July 2019	-	First Day of Summer break
Friday 30th August 2019	-	INSET Day - School closed
Monday 2nd September 2019	-	First Day back at school
Monday 21st October 2019	-	First Day of October Half Term Holidays
Monday 4th November 2019	-	First Day back at school

Mr Dugdale's Sports Fact of the Week

Sport can give you much more energy. As your body adapts to increased activity levels you get a natural energy boost, which can make you feel less tired. Researchers say that even low intensity levels of activity can be beneficial if you usually feel very fatigued.



Year 2 Squash

A selection of year 2 children were lucky enough to have a taster squash session this week. It was great for the children to try out a new sport. They thoroughly enjoyed this and would love to have another go soon.

