

AUTUMN WINTER 2021

13 Sept, 4 Oct, 25 Oct, 15 Nov, 6 Dec, 27 Dec





FIRST COURSE

Margherita pizza & roast potatoes crunchy vegetables

Milk Gluten

BBQ Chicken wrap Gluten roast new potatoes crunchy vegetables

SECOND COURSE

Spiced carrot cake

OR Fruit

Egg Gluten Sulphur Dioxide



Honey & oatmeal cookie

Fruit

Gluten



Mediterranean tagliatelle crusty bread carrot & cucumber sticks

Crispy jam tart & custard

OR Fruit

Milk Gluten Sulphur Dioxide



Milk Gluten Sesame

Roast beef & gravy Yorkshire pudding, roast potatoes, carrot & swede mash & cabbage

Fruit in jelly OR Fruit



Milk Egg Gluten

MSC fish fingers, tomato ketchup, diced potatoes peas & sweetcorn

Gluten Fish



Chocolate mousse & shortbread finger

OR Fruit

Milk Gluten





MENU WEEK 2

WEEK COMMENCING

1 Sept, 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13 Dec







FIRST COURSE

Pasta Neapolitan crusty bread sweetcorn & coleslaw

Gluten Milk Sulphur Dioxide Sesame Egg

Nottinghamshire Sausages & gravy Yorkshire pudding carrots & cabbage Milk Egg Gluten

BBQ turkey wrap seasoned wedges coleslaw & cucumber sticks

Gluten Egg

Roast gammon & gravy Yorkshire pudding, roast potatoes, carrots & honey roast parsnips

Milk Egg Gluten

MSC Fish portion tomato ketchup, oven chips peas & sweetcorn

Gluten Fish

SECOND COURSE



Gluten



Butterscotch tart

Fruit





Apple sponge & custard

OR

Fruit





Fruit yoghurt

Fruit



Chocolate & orange muffin OR

Fruit

Egg Gluten





MENU WEEK 3

WEEK COMMENCING

6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec







FIRST COURSE

Quorn dippers diced potatoes sweetcorn & coleslaw

Milk Egg Gluten

Nottinghamshire sausages, gravy, Yorkshire pudding mashed potatoes, honey roast parsnips

& sliced carrots Gluten Sulphur Dioxide Milk Egg

Cheesy tomato pasta crusty bread mixed salad & coleslaw

Milk Gluten Sesame Egg

Roast pork, stuffing & gravu Yorkshire pudding roast potatoes, cabbage carrot & swede mash

Milk Egg Gluten

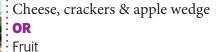
MSC fish cake, tomato ketchup, jacket wedges garden peas & sweetcorn

Fish Gluten

SECOND COURSE

Raspberry muffin Fruit

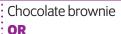
Gluten Egg



Milk Gluten

Fruit yoghurt OR Fruit

Milk



Fruit

Gluten

Cornflake tart

OR

Fruit

Milk Gluten Sulphur Dioxide









